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## NOW THAT THE ROOT CANAL TREATMENT HAS BEEN COMPLETED

Should you experience soreness and tenderness to biting for a day or two, please do not be alarmed - this is common and does not affect the long term success of the root canal treatment. Naproxen/Aleve (220mg every 8 hours), Ibuprofen/Advil, Motrin IB, Nuprin (400mg every 4-6 hours) or other similar strength analgesics (aspirin, Tylenol) should relieve the situation. Ibuprofen and Naproxen have good anti-inflammatory effects and are the preferred pain relievers for dental purposes. Aspirin and Tylenol do not have significant anti-inflammatory qualities but are useful if you cannot take Naproxen or Ibuprofen. It is recommended that you continue to take these medications for 2 - 3 days after today to help prevent a flare-up. Should you have a throbbing pain or swelling, please contact this office.

Soaking the treated area with a teaspoon of table salt in a glass of comfortably hot water helps reduce the inflammation, but Ibuprofen or Naproxen are more effective.

The opening in the tooth through which root canal treatment was done has been sealed with:

[ ] a permanent filling, see your dentist at your next regularly scheduled check-up.  
[ ] a temporary filling, it is important that you see your general dentist within the next few weeks to have the tooth permanently restored. Temporary fillings will begin to leak in 2-3 months and allow re infection of the root canal if not replaced with a permanent restoration.

Many times the treated tooth has been weakened by previous decay and fillings. It is often necessary for this tooth to receive additional protection in the form of a crown. Your general dentist is best qualified to determine how to restore your tooth. A note and radiograph are being sent to your dentist informing him/her that treatment has been completed.

In approximately 8 months you will be notified by postcard to return to this office for re-examination. The progress of healing of your tooth and surrounding tissues will be evaluated. There is no additional charge for this visit.

If you have any questions, or difficulties arise as a consequence of your treatment, please do not hesitate to call.

**REMEMBER, WE ARE AS NEAR AS YOUR TELEPHONE.**